

Region V:  
Genesee, Lapeer and  
Shiawassee Counties

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**FOR IMMEDIATE RELEASE**

**Date:** January 5, 2017  
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**Recruiting Volunteers for Valley Area Agency on Aging's Retired & Senior Volunteer Program: Make 2017 the Year of Giving Back!**

There is no better time than now to make a difference in the community you live in by volunteering your time and talents. Valley Area Agency on Aging (VAAA) is recruiting adults 55 and older for the Retired & Senior Volunteer Program (RSVP, under the Senior Corps "umbrella") to volunteer a couple hours a week to help neighbors in Genesee, Lapeer, and Shiawassee Counties.

If you're interested to learn more, please register to attend one of the VAAA Volunteer Orientations on Tuesday, January 24th at 10:00 a.m. or Tuesday, February 28th at 2:00 p.m. at Kindred Hospice, 4458 Oakbridge Dr., Suite D, Flint, MI 48532. If you are not 55 or older, you are welcome to attend for referrals to other volunteer opportunities. To register, please R.S.V.P. by calling (810) 249-0820. Detailed directions will be provided when you register.

RSVP volunteers enjoy many group benefits including the following:

- Mileage reimbursement to and from assignments
- Excess auto liability insurance
- Supplemental life insurance while in service
- Special recognition events
- Group activities and opportunities to meet new people
- Improved health; research shows people who volunteer are healthier and live longer
- Quarterly newsletter with community resources

Volunteer services currently in need for the RSVP include companionship to lonely and/or isolated seniors, respite for caregivers, Meals on Wheels drivers and kitchen help, handyworkers and much more!

Kathryn Boles, President, CEO of VAAA says, "Joining RSVP is a great way to become more active in your community and help others. Our volunteers are a valuable resource, and we cannot thank them enough for everything that they do."

Valley Area Agency on Aging, created in 1974, is a private, non-profit organization committed to providing advocacy, services and programs which help older adults and individuals with disabilities remain living independently in their homes with dignity for as long as possible. For additional information, please call Valley Area Agency on Aging at (810) 239-7671 or visit our website at [www.valleyareaaging.org](http://www.valleyareaaging.org).

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